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Affirmations: Reprogram Your Subconscious With Neuro-Linguistic Programming

LINDSAY HASKELL

AFFIRMATIONS

REPROGRAM YOUR SUBCONSCIOUS
WITH NEURO-LINGUISTIC PROGRAMMING

200 AFFIRMATIONS FOR
HEALTH, WEALTH, LOVE & MORE
+ BONUS AUDIO BOOK
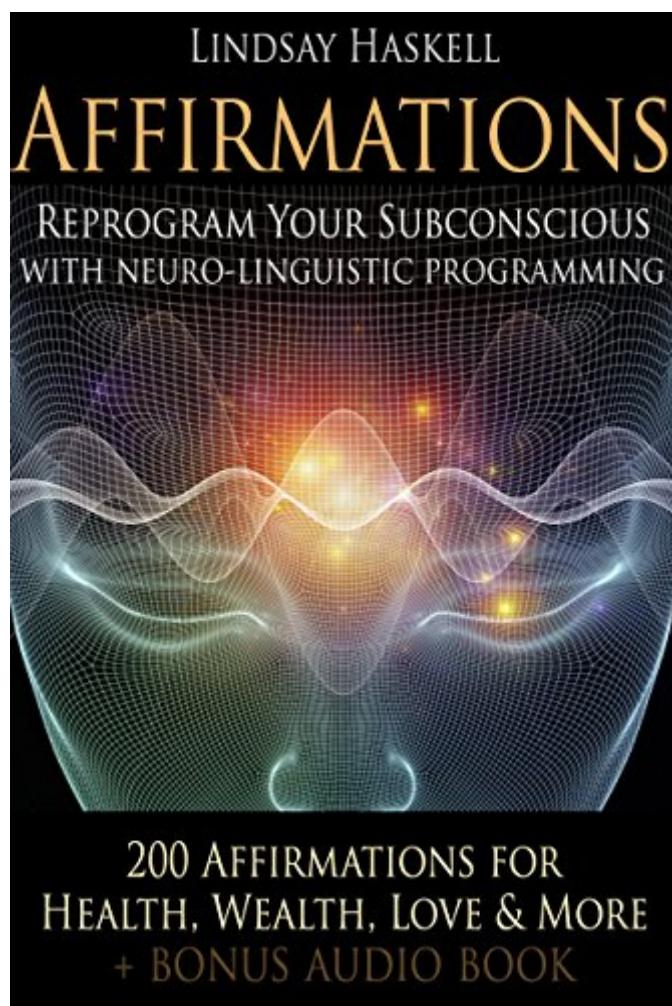
Synopsis

The secret to changing your life is to first change your mind.Your subconscious mind is the most intricate and powerful machine in the world. And itâ ™s the only tool you need to create the life YOU want to live. Most people live life by allowing their minds to control them. In this book you'll learn how to tap the power of your subconscious and make your mind work for you by using affirmations -- a proven neuro-linguistic programming technique. This book includes:200 affirmations in the areas of wealth and career, health, love, self-image and more Complete instructions on how to use affirmations in the most effective ways to get the results you want.Common troubleshooting with solutionsLink to a FREE audio file containing all the affirmations on recording

Book Information

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Customer Reviews

While I don't agree with the wording of every affirmation here, the good points about this ebook far outweigh the bad. The author covers a wide array of topics, including health, money, careers, relationships, personal well-being and more. If you can't find any useful affirmations here, you really aren't trying.So can the words we feed our subconscious minds really change our lives? Why not invest some time and effort and find out for sure!

Your subconscious mind is the most powerful computer in the universe, it can achieve any task you give to it. Unfortunately it can't tell the difference between something positive and something negative.The author teaches you how to program your subconscious mind with positive affirmations to attract the kind of life that you want to live. From health to relationship, wealth and career.Create your own morning ritual and your before affirmation process to make things work in your favor.

Great book to have if you do daily affirmations or believe in the powers of the Subconscious mind. I enjoyed this book. I got into affirmations after reading the Power of Your Subconscious Mind and now I can't get enough. Happy to get books like this whenever I can.

Straight, to the point with some great examples and suggestions. I prefer to write my affirmations down along with saying them in my head. Every one has their own way.

I was impressed by the wide nature of affirmations , not just focused on wealth and prosperity. This a welcomed topic that has many uses. Keep writing .

Loved it! Great affirmations and food for thought for a better way of approaching the life you want. Bravo, Lindsay!

Very good book help me to realign my thoughts

I have read a few books, on affirmations. This one thus far have been the best..I really gained a lot from, it and I Am! Definitely using what I've learned...just reciting as I was reading has already helped

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